

**Curriculum Vitae**  
**Sara Powers**  
**April 2017**

**E-mail:**

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**Employment:**

The College of Saint Rose  
Psychology Department  
Albany, NY

Assistant Professor  
Summer 2014-present

**Education:**

University of Akron  
Akron, OH

Ph.D., Adult Development and Aging (2014)  
M.A., Adult Development and Aging (2011)

Holy Family University  
Philadelphia, PA

B.A., Psychology (2009)

**Publications:**

Walker, R. V., **Powers, S. M.**, & Bisconti, T. L. (2016). Positive Aspects of the Caregiving Experience: Finding Hope in the Midst of the Storm. *Women & Therapy*. doi:10.1080/02703149.2016.1116868

**Powers, S. M.**, & Whitlatch, C. (2014). Measuring cultural justifications for caregiving in African American and White caregivers. *Dementia*. doi: 10.1177/1471301214532112

**Powers, S. M.**, Dawson, N., Krestar, M. L., Yarry, S. & Judge, K. S. (2014). 'I wish they would remember that I forget:' The effects of memory loss on the lives of individuals with mild to moderate dementia. *Dementia*. doi: 10.1177/1471301214553236

**Powers, S. M.**, Bisconti, T. L., & Bergeman, C. S. (2014). Trajectories of social support and well-being across the first two years of widowhood. *Death Studies*. doi: 10.1080/07481187.2013.846436

Dawson, N., **Powers, S. M.**, Krestar, M. L., Yarry, S. & Judge, K. S. (2013). Predictors of self-reported psychosocial outcomes in individuals with dementia. *The Gerontologist*, 53(5), 748-759. doi: 10.1093/geront/gns137

Krestar, M. L., Looman, W., **Powers, S.**, Dawson, N., & Judge, K. (2012). Including individuals with memory impairment in the research process: The importance of scales and response categories used in surveys. *Journal of Empirical Research on Human Research Ethics*, 7(4), 70-79.

**Manuscripts in Review:**

Walker, R., **Powers, S. M.**, & Witten, T. (in review). Fear of Healthcare Bias: The Impact on Transgender Persons Ability to Age Successfully. Submitted to *LGBT Health*.

**Manuscripts in Preparation (titles are tentative):**

**Powers, S.M.**, Walker, R., & Witten, T. (in preparation). Transgender Persons Experiences with Caregiving and Care Receiving.

Steinbach, J., & **Powers, S. M.** (in preparation). Death anxiety and the use of social networking sites as a coping mechanism.

### **Conference Papers, Presentations, and Posters:**

- Steinbach, J., & Powers, S. (March 18, 2017). Social Networking Sites and Postmortem Rituals: Using Facebook to Help with Coping and Death Anxiety. Eastern Psychological Association Conference, Boston, MA.
- Powers, S., Walker, R., & Witten, T. (November 19, 2015). Exploring the Unknown: Experiences of Transgender Informal Caregivers. 68<sup>th</sup> Annual Scientific Meeting, Gerontological Society of America in Orlando, FL.
- Walker, R., Powers, S., & Witten, T. (November 19, 2015). An Exploration of Subjective Health and Successful Aging in Transgender Caregivers. 68<sup>th</sup> Annual Scientific Meeting, Gerontological Society of America in Orlando, FL.
- Powers, S. M. (March 7, 2015). Understanding the Sociocultural Perspective of Informal Caregivers. Eastern Psychological Association Conference, Philadelphia, PA.
- Powers, S., Walker, R. V., & Bisconti, T. L. (November 6, 2014). Understanding Cultural Components of the Caregiving Experience. 67<sup>th</sup> Annual Scientific Meeting, Gerontological Society of America, Washington, DC.
- Powers, S. & Whitlatch, C. (November 23, 2013). Measuring Cultural Justifications for Caregiving in African American and White Caregivers of Persons with Dementia. 66<sup>th</sup> Annual Scientific Meeting, Gerontological Society of America, New Orleans, Louisiana.
- Bisconti, T. B., Hall, R. J., Deboeck, P. R., Montpetit, M., Powers, S., & Bergeman, C. S. (November 23, 2013). Short-term fluctuation in depressed mood as a predictor of long-term depression in a sample of recent widows. 66<sup>th</sup> Annual Scientific Meeting, Gerontological Society of America, New Orleans, Louisiana.
- Dawson, N., Powers, S., Krestar, M., & Judge, K. J. (November 24, 2013). Exploring the Differential Impact of a Dyadic Intervention on Individuals with Dementia & Caregivers. 66<sup>th</sup> Annual Scientific Meeting, Gerontological Society of America, New Orleans, Louisiana.
- Powers, S., & Whitlatch, C. (April 26, 2013). Measuring cultural justifications for caregiving in African American and White caregivers. 37<sup>th</sup> Annual Conference, Ohio Association for Gerontology & Education, Ashland, Ohio.
- Powers, S., Walker, R., Bisconti, T. L., & Bergeman, C. S. (May 2, 2013). Understanding the anniversary of the death in widowhood. Midwestern Psychological Association 2013 Annual Conference, Chicago, Illinois.
- Powers, S., Dawson, N., Wilson, M. & Judge, K. S. (November 17, 2012). "I wish they would remember that I forget" - Understanding the illness experience of individuals with dementia. 65<sup>th</sup> Annual Scientific Meeting, Gerontological Society of America, San Diego, California.
- Dawson, N., Powers, S., Krestar, M., Yarry, S. & Judge, K. S. (November 17, 2012). Predictors of Self-Reported Psychosocial Outcomes in Individuals with Dementia. 65<sup>th</sup> Annual Scientific Meeting, Gerontological Society of America, San Diego, California.
- Powers, S., Dawson, N., Krestar, M. & Judge, K. S. (April 20, 2012). The effects of memory loss on the lives of individuals with mild to moderate dementia. 36<sup>th</sup> Annual Conference, Ohio Association for Gerontology & Education, Youngstown, Ohio.
- Dawson, N., Powers, S., Krestar, M. & Judge, K. S. (April 20, 2012). Predictors of psychosocial outcomes in individuals with dementia. 36<sup>th</sup> Annual Conference, Ohio Association for Gerontology & Education, Youngstown, Ohio.
- Krestar, M. L., Powers, S. M., Dawson, N. T., Yarry, S., & Judge, K. S. (April 28, 2012). "I wish they would remember that I forget": Insight on memory loss from individuals with dementia. Poster presented at the Cleveland Psychological Association student poster session, Cleveland, Ohio.

**Powers, S., Dawson, N., & Wilson, M.** (November 21, 2011). Insight on memory loss through the eyes of the dementia patient. 64th Annual Scientific Meeting, Gerontological Society of America, Boston, Massachusetts.

Dawson, N., **Powers, S.** & Wilson, M. (November 21, 2011). Psychosocial constructs from the perspective of an individual with dementia. 64<sup>th</sup> Annual Scientific Meeting, Gerontological Society of America, Boston, Massachusetts.

Krestar, M., **Powers, S.** & Dawson, N. (November 21, 2011). Including individuals with dementia in the research process: understanding the impact of scales and response categories used in surveys. 64<sup>th</sup> Annual Scientific Meeting, Gerontological Society of America, Boston, Massachusetts.

Judge, K., Wilson, M., Dawson, N. & **Powers, S.** (November 19, 2011). Implementing Interventions for Individuals with Dementia (Acquiring new skills while enhancing remaining strengths (ANSWERS): A dyadic cognitive rehabilitation and educational skills training program for individuals with dementia). 64<sup>th</sup> Annual Scientific Meeting, Gerontological Society of America, Boston, Massachusetts.

**Powers, S.** (2008). Understanding Coping Processes in Widowhood. Poster presented at the Pi Gamma Mu National Honor Society Conference, Atlanta, Georgia.

### **Teaching Experience:**

Assistant Professor Tenure Track:

- Foundations of Psychology II, Developmental Psychology: Adolescence and Emerging Adulthood, Developmental Psychology: Adulthood and Aging, Research Methods and Statistics I and II, Senior Seminar: Research in Psychology (August 2014-present), The College of Saint Rose

Teaching Mentor for IAA:

- Lifespan (2015), International Academic Alliance

Instructor:

- Introduction to Psychology (2009-2010), University of Akron
- Developmental Psychology (2011-2014), University of Akron

Teaching Assistant

- Developmental Psychology (2010-2012), University of Akron

### **Internships:**

Margaret Blenkner Research Institute: Benjamin Rose Institute on Aging (2012-2013)

- Collaborating on multiple research projects with leading aging researchers.
- Submitting papers for publication to top tier aging journals.
- Presenting research at local and national aging conferences.

### **Research Interests:**

Adult development and aging in general; Death and dying in general; Caregiving in general; Caregiver burden; Cultural and ethnic differences in caregivers; Individuals with dementia; Successful Aging in general; Coping styles in widowhood and long term adjustment